



Review of Systems

SPINAL NERVE FUNCTION

Every Cell of Your Body Has a Nerve Component

Patient Name: _____

Date: _____

VERTEBRAL LEVEL	NERVE ROOT*	INNERVATION	POSSIBLE SYMPTOMS
C1	C1	Intracranial Blood Vessels	Headaches • Migraine Headaches
C2	C2	• Eyes • Lacrimal Gland	• Dizziness • Sinus Problems
C3	C3	• Parotid Gland • Scalp	• Allergies • Head Colds • Fatigue
C4	C4	• Base of Skull • Neck Muscles • Diaphragm	• Vision Problems • Runny Nose
C5	C5	• Neck Muscles • Shoulders	• Sore Throat • Stiff Neck
C6	C6	• Elbows • Arms • Wrists	• Cough • Croup • Arm Pain
C7	C7	• Hands • Fingers • Esophagus • Heart • Lungs • Chest	• Hand and Finger Numbness or Tingling • Asthma • Heart Conditions • High Blood Pressure
T1	T1	Arms • Esophagus	Wrist, Hand and Finger Numbness or Pain • Middle Back Pain • Congestion • Difficulty Breathing • Asthma • High Blood Pressure • Heart Conditions
T2	T2	• Heart • Lungs • Chest	• Bronchitis • Pneumonia
T3	T3	• Larynx • Trachea	• Gallbladder Conditions
T4	T4		• Jaundice • Liver Conditions
T5	T5	Gallbladder • Liver	• Stomach Problems • Ulcers
T6	T6	• Diaphragm • Stomach	• Gastritis • Kidney Problems
T7	T7	• Pancreas • Spleen	
T8	T8	• Kidneys • Small Intestine	
T9	T9	• Appendix • Adrenals	
T10	T10		
T11	T11	Small Intestines • Colon • Uterus	
T12	T12	Uterus • Colon • Buttocks	
L1	L1	Large Intestines	Constipation • Colitis • Diarrhea
L2	L2	• Buttocks • Groin	• Gas Pain • Irritable Bowel
L3	L3	• Reproductive Organs	• Bladder Problems • Menstrual Problems • Low Back Pain
L4	L4	• Colon • Thighs • Knees	• Pain or Numbness in Legs
L5	L5	• Legs • Feet	
	S A C R A L	Buttocks • Reproductive Organs • Bladder • Prostate Gland • Legs • Ankles • Feet • Toes	Constipation • Diarrhea • Bladder Problems • Menstrual Problems • Lower Back Pain • Pain or Numbness in Legs

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Kandel, E. R., Schwartz, J. H., Jessell, T. M., *Principles of Neural Science*, Appleton & Lange, 1991.

Hoppenfeld, S. M.D., *Physical Examination of the Spine and Extremities*, Appleton-Century-Crofts, 1976.

Netter, F. H., M.D., *The Ciba Collection of Medical Illustrations, Vol 1, Nervous System, Part 1, Anatomy and Physiology*, Ciba Pharmaceuticals Division, Ciba-Geigy Corp. 1991.

PLEASE KEEP FOLDED

Instructions:

Circle any of the symptoms on the right that apply to your health status **currently** or in the **past** and are **chronic** and of **concern**.